



HEALTH SCIENCES, NUTRITION CONCENTRATION

Effective Fall 2021

First Year (Fall)

BIOL 150	Intro to Biology I: Cells (CST, 4 cr) ^A
CHEM 150	Intro to Chemistry I (CSTL, 4 cr) ^B
ENGL 150	English Composition II (CWR)
FSEM	FSEM course (CHH?)
BIOL 101	Seminar for Entering Majors (1 cr) ^A

Second Year (Fall)

BIOL 342	Anatomy & Physiology I (4 cr) ^A
CHEM 201	Organic Chemistry I ^B (4 cr)
Elective	101-level language or elective ^A
HLTH 150	Intro to Comm & Publ Hlth (CSS) ^B
PSYC 100	Intro to Psychology (CSS) ^A

Third Year (Fall)

BIOL 360	Biochemistry ^B
CHH	Human Heritage core course ^A
CCA	Creative Arts core course ^A
CCA	Creative Arts core course ^A
Elective	Elective ^A

Fourth Year (Fall)

BIOL 403	Applied Nutrition ^C
HLTH 590	Nutrition-focused internship ^A
UL Elective	Upper-level elective ^A
UL Elective	Upper-level elective ^A
Elective	Elective ^A

First Year (Spring)

BIOL 240	Genetics (4 cr) ^A
CHEM 152	Introduction to Chemistry II (4 cr) ^B
MATH 232	Statistics (CMA) ^A
PHED 215	Lifetime Wellness (CHW) ^A
Elective	E.g., Clin.Observation or Internship or Med. Terminology or PHED (1 cr.)

Second Year (Spring)

BIOL 343	Anatomy & Physiology II (4 cr) ^A
CHEM 202	Organic Chemistry II ^B (4 cr)
CLA	102-level language ^A
BIOL 250	Nutrition ^B
BIOL 302	Applied Statistics in Biology (1 cr) ^A

Third Year (Spring)

UL Elective	Upper-level elective ^A
CAP	Capstone ^A
UL Elective	Upper-level elective ^A
UL Elective	Upper-level elective ^A
Elective	Elective ^A

Fourth Year (Spring)

UL Elective	Upper-level elective ^A
Elective	Elective ^A
Elective	Elective ^A
Elective	Elective ^A
Elective	Elective ^A (1 cr)

CORE CURRICULUM	code
Tier I Reading, Thinking, Writing	CWR
Tier I Quantitative Reasoning	CMA
Tier I Language Arts	CLA
Tier II Creative Arts	CCA
Tier II Human Heritage	CHH
Tier II Self & Society	CSS
Tier II Science & Technology	CSTL, CST
Tier III Core Capstone	CAP

ALL COURSES 3 credits unless noted (#)
UL = upper-level (300-level or above)

This is a sample 4-year plan to complete the major. We believe that this represents an accurate depiction of the requirements, but there are other pathways to degree completion. We strongly recommend that you meet with your academic advisor(s) regularly to review your requirements and progress toward graduation.

Anticipated course frequency: ^A every semester, ^B every year, ^C every other year

Last updated 10/18/21